

Version 3.23.20

DIY Mask, approved by BDH. Pattern from EasyToSew on YouTube:

<https://www.youtube.com/watch?v=BCJcE-r7kcg&fbclid=IwAR3KDPn41MYTH1MoQWTMRKETyTqIn8kq2RWPFcQL0h9-V3HNrTIQxqSrGnw>

| Material | Quantity | Dimensions |
|--|-----------------|--|
| Cotton or cotton/poly woven fabric | 1 | 15" long x 7.5" wide |
| Elastic loop – 1/8" elastic | 2 | 12" long |
| OR | | |
| Fabric Ties – 1/2" Bias tape or 2" width fabric strips | 2 | **36" long** |
| 1/2" bias tape or 2" wide fabric strip (for elastic loop only) | 2 | 2" |
| Plastic Twist Tie (plastic coated wire) or **pipe cleaner** | 1 | About 6.5" long (give each end a backbend so that the sharp edge does not poke through the fabric) |

Serge or zigzag the short edges of your rectangle.

Fold your fabric right sides together, matching the short (serged) edges.

Mark 1.5" in from each unfinished side.

Stitch along your finished edges with $\frac{3}{8}$ " seam allowance to the mark, reversing at the beginning and end of your seam. Press your seam allowance open.

Topstitch one edge of your seam allowance, $\frac{1}{8}$ " from the fold.

Mark $\frac{1}{2}$ " above the unstitched side of your seam allowance. Fold your mask at that mark. Press flat. Topstitch around the entire mask, $\frac{1}{8}$ " from the edge.

Insert your twist tie into the top of the mask (above the unfinished pocket edge). Stitch along the top edge of the pocket opening, enclosing the twist tie.

Fold three $\frac{3}{4}$ " pleats along your mask **so pleats face down on the front of the mask**. Press. Run a basting stitch along the edge of the mask to hold the pleats.

For elastic ear loops:

Lay your bias tape or 2" fabric strip right sides together along the edge of the mask. Leave $\frac{1}{2}$ " above and cut excess to have $\frac{1}{2}$ " overhang below the mask. Fold the $\frac{1}{2}$ " overhang to the back side of the mask on top and bottom. Stitch in place with a $\frac{3}{8}$ " seam allowance.

Fold the raw edge of your bias tape to meet the raw edge of your mask. Fold again so the folded edge covers your previous stitching. Topstitch in place.

Insert your elastic through the channel formed by the bias tape. Tie ends and tuck knot inside bias tape channel. Finished!

For fabric ties:

Lay your bias tape or 2" fabric strip right sides together along the edge of the mask. Leave 12" of bias tape hanging below the mask and the rest of the excess above the mask. Stitch in place with a $\frac{3}{8}$ " seam allowance.

Fold the raw edge of your bias tape to meet the raw edge of your mask. Fold again so the folded edges meet along the ties, and covers your previous stitching on the mask. Topstitch in place down the entire length of the bias tape (36"). Finished!